

## **TBF certification requirements for breath facilitators**

1. Participate in the seminar (levels I, II and III) and level IV.
2. Forty (50) documented breath sessions with others within one (1) year of completing level IV. A maximum of 20 sessions may be given during workshops, with each group session with 2 or more breathers counts as 1 session. A minimum of 30 breath sessions must be individual sessions.
3. Compile two (2) case studies of five (5) private breathing sessions (within these 50 sessions).
4. Complete the required reading list within one year of completing the professional training program, including "The Presence Process" by Michael Brown.
5. Demonstrate a deep understanding of the Transformational Breath® process by:
  - a. Written exam
  - b. Breath sessions given under supervision
  - c. Demonstrate that your own breathing is relatively full and open.
6. Have signed the vision document (level IV).
7. Have completed the feedback questionnaires from breathing sessions (levels I & III or the seminar).
8. Completed full self-sessions for eight consecutive weeks within one year of completing the professional training program.
9. Diary of breathing sessions, to be reviewed by a mentor. Describe any shift or change in
  - a. self-sessions and
  - b. sessions with others.
10. Have completed the 40-day program of abundance.
11. Have completed the 40-day miracle consciousness program (starts level IV-A).
12. Turn in your mentor evaluation form along with other documentation.
13. Have fulfilled all financial obligations.
14. Staff two (2) seminars (or equivalent levels I,II & III).
15. Staffing during introductory workshops may be helpful towards certification.
16. Staff one (1) week of either Level IV Part A or B within one year of completing the professional training program.
17. Apply for certification by signing of the "Structure, Requirements, Responsibilities, Certification & Agreement Ethical Guidelines" document. This may be done in writing (on paper) or online.
18. Provide an evaluation as a breath facilitator by a senior trainer. More specifically, provide a completed mentor evaluation form, or have your senior trainer complete it electronically ("Tools age - Certification tab").

Final approval of your certification is contingent upon review of the submitted documentation and all outstanding financial obligations are fulfilled.

Fulfillment of all requirements will result in certification as a CTBF or Certified Transformational Breath Facilitator.

Note: There is a requirement for biannual recertification.